



Funded by the Australian Government under the Families and Children Programme.

Free Parenting Course

Circle Of Security

The Circle of Security Parenting (COS-P) program is an eight week program designed to help parents and carers build supportive and secure relationships with their children.

Licensed COS-P providers will guide parents and carers through this eight week course.

Tuesday 19 February – 9 April 2019

1.00pm – 2.45pm at
Bellambi Neighbourhood Centre
49 A Cawley St

Limited childcare available – bookings essential!

Contact Paula on 4283 9949 or 0458 205 002

Email: paula.hill@includeme.com.au



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Health
Illawarra Shoalhaven
Local Health District