



# Position Me

## Experience

**Preparation:** Select an open space to play. Using a cardboard box or crate, role model the positions of under, on top of, next to, behind, inside of, through, over or around. Call out the directions and ask children to place themselves into these positions in relation to the box or crate.

**Variation:** Children can position a selected object as directed instead of themselves.

- Use your home to hide various objects and ask children to 'look on top of the ...' to find the hidden item.
- Ask children to find 2, 3 or 4 items that are 'under the...'
- Write or draw the directions and ask children to take turns to pull them out of a hat and follow.

## Learning benefits

- Spatial awareness – understanding of positioning including direction, distance and location
- Understand and follow directions
- Being able to respond to changes



5 - 10 mins



3 - 5 years

## Materials

Recycled cardboard boxes

Crates

Coloured balls or soft toys

## Hints and Tips

Indoors or outdoors

Role model the game, get involved