



Goop

Experience

Preparation: Invite your toddler to join you in making goop. Talk through the process explaining each step, e.g. We are going to create some goop, we need water and corn flour. Can you please add the corn flour, please mix as I add the water. Can you stir in the food colouring? What can you see happening? What does the goop feel like? Can you squish the goop? Does the goop smell?

Goop recipe: Pour some cornflour into the bowl (about 1 cup). Add a few drops of the food colouring into the water and mix through. Slowly add the water and food colouring mixture into the bowl and mix it well using your hands. If the goop is powdery, add more water. If the goop is too runny, add more cornflour.

Learning benefits

- Opportunity to release emotions and express feelings
- Increases social skills working alongside others, sharing resources and collaborating
- Encourages curiosity, exploration and imagination



3 - 5 mins



2 - 3 years

Materials

Corn flour
Water
Food colouring

Hints and Tips

Goop can be messy and FUN!

Best created and played with outside