

Emotional developmen



Rock People



5 - 10 mins



3 - 5 years

Experience

Preparation: With your pre-schooler collect rocks which are small to medium sized, with some flat edges. Explain to your child that you are going to create 'Rock People' using the rocks you have collected. Clean the rock if needed and using the paint, markers and collage materials create eyes, a nose, ears, and arms and legs. Encourage your pre-schooler to make their own rock person design, talking about what they would like to add and why.

Remember: Focus on the process of creation and not the end product

Variation: Select a name for your 'Rock Person.' Make rock people to use as a paper weight. Create and give away as a personalised gift.

Learning benefits

- Fail free experience which offers a chance to express self and release emotions
- Opportunity to work alongside others, collaborating and sharing resources and ideas
- · Improve coordination and fine motor skills

Materials

Small to medium sized rocks Paint Markers Strong glue Collage materials

Hints and Tips

Smooth rocks are easier to create with

Play indoors or outdoors