



Splish Splash

Experience

Preparation: Fill shallow container with approximately 5 to 8 cm of water. Invite baby to play and position him seated between your legs. Place the water tray within baby's reach. Begin interaction by scooping, pouring, squeezing, and tipping water. Allow time for baby to reach and explore the water using the resources available. Tip water gently over babies hands and arms, talk about what you are doing and the feel of the water.

Variation: Add baby bath wash to create bubbles.

Safety: Never leave baby unsupervised, empty water tray when finished.

Learning benefits

- Release energy, creates relaxation and calmness
- Opportunity to play alongside others and engage in conversations and social play
- Opportunity to increase attention span – scooping, pouring, running hands through water repeatedly



2 - 5 mins



6 - 18 mnths

Materials

Shallow waterproof container

Small plastic cups, e.g. lids, yoghurt tubs, funnels, sponges

Hints and Tips

Use slightly warm water

Great for warm weather outdoors