



Ball Wall

Experience

Preparation: Using light weight balls or homemade balls (see below) secure them to a wall just above your toddlers head height. Space the balls approximately 15-20cm apart. Invite your toddler to walk along the wall and reach to tap the balls.

Variation: Name the ball colours as they are tapped. Cross arms over and use alternative arms. Take turns and have races to tap the balls along the wall. Play chasing as your toddlers taps the balls.

Homemade balls

Using foil, newspaper or magazine paper, scrunch into a round shape and secure with strong tape to create a ball.

Learning benefits

- Develop muscle strength and coordination
- Enhance eye hand control
- Increase range of motion and flexibility



3 - 5 mins



18 - 24 months

Materials

Light plastic balls or
homemade balls
Strong fixing tape

Hints and Tips

Play alongside your
child

Attach balls to an
outside wall