



Peek-a-boo

Experience

With your young infant, use your hands to cover your face for a few seconds, then uncover your face and say with a happy expression 'peek-a-boo'.

Infants are very interested in faces. Repeat this a few times.

Variation

For older infants hide or partially hide their favourite toy under a small blanket, and get them to look for it. If your infant finds the toys, say 'peek-a-boo'.

Learning benefits

- Increases baby's senses
- Encourages gross motor (large muscles) skills
- Strengthens visual tracking skills
- Encourages social development
- Explores concept called object permanence (the idea that whilst a baby can't see an object, it still exists)



2 - 5 mins



6 - 12 months

Materials

Nothing Required

Hints and Tips

Can be played
Indoors or outdoors