



# Shadow Art

## Experience

On a sunny day, invite your child to find a sunny space for an art experience. This could be a space outdoors or alternatively indoors where the sun comes through a window. Encourage your child to collect two or three household items, paper and drawing materials (e.g. pens or pencils).

Invite your child to place one object on the side of the paper allowing it to create a shadow on the page. Invite your child to trace the shadow using their favourite colours and decorate their shadow outline.

## Learning benefits

- Strengthens creativity, expression and imagination
- Increases awareness of spatial relationships
- Promotes fine motor strength and eye hand coordination
- Investigates concept of light and shadows



5 - 10 mins



3 - 5 years

## Materials

Paper  
Writing materials  
(pencils, textas, or  
crayons)  
Objects: any  
household item  
e.g. toy, pot/pans,  
plastic containers,  
drink bottle, plants,  
cups etc.

## Hints and Tips

Indoors or outdoors

Provide  
encouragement and  
acknowledgement of  
efforts