



Squishy Slime

Experience

Encourage your child to add a small amount of conditioner to a snap lock bag. Next, help them to add drops of food colouring or paint to the conditioner.

Seal the bag and encourage your child to start squishing the conditioner from one end of the bag to another. This will create a magical display of colours mixing and will feel very cool and relaxing.

Safety tip: Supervise at all times

Learning benefits

- Receiving sensory messages (sensory input) from their body
- Predicting and experimenting
- Cause and effect concepts
- Development of listening skills



5 mins



1-2 years

Materials

Snap lock bag
Hair conditioner
Food colouring or paint

Hints and Tips

Drop paint in spots - when the conditioner is 'squished', the paint joins colours.

Tape the bag to a glass door for upright work

Role model different ways to spread the conditioner, one finger or full hand motion.

Played indoors or outdoors