

# **Emotional developmen**



## **Imagine Situations**

### **Experience**

As preparation for this game, think of a couple of scenarios or situations that you can use to discuss with your child.

Using your toys (e.g. dolls, figurines, teddies etc.) begin sharing a scenario with your child. Your scenario can describe different situations such as a being surprised about something, going to a party, a minor injury, a friend who will not share etc. Let your child have a role and talk about the emotions and behaviours of others.

### **Learning benefits**

- Children can express various emotions through play.
- Children can learn how to respond in different situations.
- Increases problem-solving skills.



5 - 10 mins



5 - 12 years

### **Materials**

Toys at home

## Hints and Tips

Role model alternative responses.

Ask questions such as; Have you ever been in a situation like this? How did you feel? What did you say?

Indoors or outdoors