



# Vegemite & Cheese

## Experience

Invite your child to play a game.

To begin, encourage your child to stand or sit facing you.

Explain to your child that you are going to play a game, where you are going to say 'vegemite' in a funny voice and in return they have to say 'cheese' in the same funny voice.

**Variation:** Ask your child to suggest alternative words e.g. cheese and crackers or milk and milo

## Learning benefits

- Fosters emotional development: fun and playful attachment building exercise
- Enhances verbal communication
- Increase ability to follow simple instructions



5 mins



3 - 5 years

## Materials

None

## Hints and Tips

Try and use varied accents, volume and pace of voice e.g. whisper, loud, quick, slow.

Indoors and outdoors