

# **Emotional developmen**



# **Blowing Bubbles**

3 - 5 mins



Birth - 2 yrs

### **Materials**

Detergent Water Round container Thin wire or pipe cleaners

## Hints and Tips

Try not to shake bubble mix

Add cooking oil to make bubbles last

Remember: Store bubble mix out of children's reach

Cable ties make great bubble wands

### **Experience**

*Preparation:* Combine 3 cups of water with 1 to 1½ cups of detergent. Add ¼ cup cooking oil if desired. Stir mixture slowly so it does not foam up, allow it to stand, this helps bubbles to form.

Make a bubble wand by forming wire or pipe cleaners into a circular shape with a handle at one end. Position your baby on your knee or close by. Dip your handmade bubble wand gently into bubble mix and blow softly to form bubbles. Speak calmly and point out the bubbles as they gently float away.

Variation: For older infants, attach the bubble mix container to a pole or tree so your child can access the mixture independently with no spilling.

### **Learning benefits**

- Increases visual tracking
- Enhances social and communication skills strengthens attachments
- Develops eye-hand coordination e.g. catching bubbles