



Faces

Experience

Preparation: Gather eight paper plates or circles of paper. On each circle/plate, draw a face representing an emotion. Examples may include happy, joyful, sad, frustrated, disgust, surprise, fear, worry, rage, anger, laughter etc.

Game: Invite your child to play a game. Sit opposite each other. Explain the aim of the game is to look at faces on the plates/paper circles and you both would make the same face. For example, hold up the sad face, and both make a sad face.

Learning benefits

- Increased understanding of how to read people's different emotions
- Increase identification and expression of feelings
- Development of listening skills and turn taking



5 mins



2 - 3 years

Materials

Paper plates or paper (cut into a circle)

Texta

Hints and Tips

Indoors or outdoors

Discuss examples of when you feel different emotions