



# The One Minute Game

## Experience

This is a very quick game. Hold both your hands outstretched in front of your face. Bring your thumbs and index finger from each hand together and make a triangle finger frame. How many words can you write down in 1 minute of things you can see through your frame.

**Hint:** you can move your frame all around. Count up your words for your awesome result! You can repeat this as many times as the child is interested.

## Learning benefits

- Identify features of the environment
- Increases vocabulary
- Develops observation skills
- Promotes social skills



1 mins



5 - 12 years

## Materials

Hands  
Pencil/Pen  
Paper

## Hints and Tips

Use the timer on a phone to start the game

Another version of this game could be to draw boxes on a page and ask children to sketch what they see in their finger frame

Indoors or outdoors