



# Ice Cube Painting

## Experience

Invite your child to help you make coloured ice cubes. Mix water and food colouring together to make different colours and pour into ice cube mould or cupcake mould. Once frozen, you can remove ice cubes. Invite your child to pick up the ice cubes and rub them over a piece of paper to create a drawing

## Optional

Place plastic wrap over filled ice cube tray, poke a toothpick or paddlepop stick through plastic wrap into each ice cube section. When frozen this forms a handle.

## Learning benefits

- Increases colour recognition
- Increases fine motor skills (small muscle skills)
- Sensory experience



5 - 8 mins



2 - 3 years

## Materials

Ice cube tray or muffin tin  
Food colouring  
Paper

## Hints and Tips

Played indoors or outdoors

Introduce new words:  
frozen, cold, melt

Label colours

Provide  
encouragement