

developm **Physical**



Painting with water

Experience

Preparation: Select a small bucket/container and fill with water (only half way) and a paintbrush. Invite your child to paint a range of things in the outdoor space. Encourage them to paint pictures on the cemented areas, to paint fences, tree trunks and outside walls. Watch the water dry and talk about evaporation. At the end of this experience, if there is still water in the bucket tip it out.

Variations: Collect different materials such as feathers and sticks found around the yard to dip in the water to paint and create. Invite the child to trace around their water paintings with chalk.

Learning benefits

- Increases fine and gross motor skills
- Improved eye-hand coordination
- Promotes listening skills, direction following
- Promotes shape recognition



5-10 mins



2-3 years

Materials

Bucket / container Water Brush

Hints and Tips

Outdoors

Acknowledge children's efforts

Safety: Always supervise water activities. Never leave water unattended

Challenge: Choose a shape (e.g. circle) and invite your child to paint a water circle on various surfaces outdoors.