

Physical developme



Posting Box

Experience

You will need to prepare a posting box by cutting a hole in the lid of a box (circle or rectangle shape). Next to the box, place a range (5) of items that your infant can post into the hole in the top of the box.

Items could include; blocks (plastic or wood), cotton reels, small balls (e.g. ping pong ball), small plastic lids, shapes cut out of recycled food boxes, small baby toys, small scarf, sock etc. Once all items posted, you can take out the obejcts and your infant can repeat the posting experience.

Important Safety message: Kids Safe recommends that children under 36 mths should not play with items smaller than a 50-cent piece due to choking risks.

Learning benefits

- Develop eye-hand coordination
- Foster fine motor skills
- Increases problem solving



5 mins



6 - 12 mths

Materials

Empty shoe box/box

Household Items

Hints and Tips

Indoors or outdoors

Safety:

Must supervise infants at all times during this experience