



Shaker

Experience

Preparation: Take one recycled cardboard paper towel tube and cut it in half (without squashing the tube). Cut out a circle of paper and place it over one end of the tube to cover the opening. Tape the paper down, leaving no gaps. Fill the tube with a few small items e.g. a few small balls of paper or balls of foil etc. Place another circle of paper on the other end and tape it down securely. Test the shaker to ensure no small objects can get out as this may pose a choking hazard.

Place one shaker in front of your baby and encourage them to grasp the shaker and move it around to make a sound. With the other shaker, you can role model how to shake it and you may sing a song to accompany the sound the shaker makes.

Learning benefits

- Increases sense of sound and touch
- Develops social connections/bond with others
- Promotes communication skills



3 - 5 mins



6 - 12 mnths

Materials

One recycled cardboard paper towel tube
Sticky tape

Hints and Tips

Indoors or outdoors

Safety: Must supervise infants at all times during this experience
Do not leave shaker with your baby unsupervised due to small parts. Remove shaker at end of experience.