



Binoculars

Experience

Preparation: Take one recycled cardboard paper towel tube and cut in half (without squashing tube). Lay both halves next to each other and tape together (to form binoculars). Repeat this process to make a second set of binoculars. Invite your child to go exploring with you using your new binoculars (show the child your binoculars). Offer the second pair of binoculars to your child. Initiate a game where you provide commentary on the things you can see through your binoculars. Ask your child “what can you see?” Actively move around the different parts of your garden or inside your home to see different things.

Variation: With older children, you might become bird watchers. Alternatively, you could be explorers searching for certain items, or colours.

Learning benefits

- Develops social connections/bond with others
- Promotes communication skills (listening skills, receptive and expressive language)
- Increases visual perception



3 - 5 mins



2 - 3 years

Materials

Two recycled cardboard paper towel tubes

Sticky tape

Hints and Tips

Indoors or outdoors

Role model game, be involved