



Monkey See, Monkey Do

Experience

With your young baby, it is important to build a strong connection by playing games that promote socialisation.

A simple idea is to take a few minutes to observe your baby, and begin to copy their actions. When your baby performs an action, repeat it e.g. poke tongue out, smile, make a cooing sound, blow a raspberry etc.

Variation: You can initiate this game by making funny faces with your baby. This will encourage your baby to try to imitate you, experiment with new sounds and expressions.

Learning benefits

- Increases baby's senses
- Strengthens visual tracking skills
- Encourages social connections and joint attention



2 - 5 mins



3 - 12 mnths

Materials

Nothing required

Hints and Tips

Indoors or outdoors

Use encouraging verbal and non-verbal communication cues