



# Picnic With Friends

## Experience

**Preparation:** Place a range of recycled plastic bottles (milk, juice etc.) and food boxes for the picnic in a shopping bag. Place a blanket down to indicate the picnic area. Encourage your child to choose some friends (soft toys) to join the picnic.

Invite your child to set up the picnic space with you: setting out plates and cups, and position soft toy friends around the picnic mat. Place some recycled food items in the middle of the picnic blanket.

You are both ready to start your picnic

## Learning benefits

- Increases social interactions
- Develops language and communication skills
- Increases imagination and creative problem solving
- Assists in the development of self-regulation of emotions and actions



10 mins



2 - 3 years

## Materials

Soft toys  
Blanket  
Plastic plates/cups  
Recycled food containers  
Shopping bag

## Hints and Tips

Indoors or outdoors

Talk with your child about healthy eating and their favourite foods.