



Rolling along

Experience

With your child, sit opposite each other on the floor, but only a short distance apart. Roll the large soft ball gently towards your child so they can grab onto it. Hold out your arms and encourage them to roll the ball back to you and say, "Roll the ball."

If they are reluctant, that is okay, just exaggerate your motions to roll the ball back. When you get the ball, cheer and then immediately roll it back. Repeat as many times as your child seems interested.

Learning benefits

- Strengthens visual tracking skills
- Encourages social connections and joint attention
- Increases motor skills



2 - 5 mins



12 - 18 mnths

Materials

Ball (soft)

Hints and Tips

Indoors or outdoors

Provide praise and encouragement.