



Simon Says...

Experience

Invite your child to play a game of “Simon Says”.

The rules of the game are:

- Encourage your child to stand facing you (about 1 metre apart)
- Explain the game is about copying the actions of the other person, but only if they say “Simon says”.
- Begin the game with you (parent) giving a simple action such as “Simon says jump on the spot”, and check both you and your child are jumping on the spot.
- Offer a second action, “Simon says touch your head”, then check actions
- Continue offering suggested actions, remembering to say some without the words “Simon says”.

Note: Children can take a turn in suggesting actions once they understand the rules.

Learning benefits

- Increases sequencing skills and ability to follow directions.
- Develops motor skills, balance, and spatial awareness
- Develops cooperative play



10 mins



3 - 5 years

Materials

Nothing

Hints and Tips

Indoors or outdoors

Great for a family to play (even virtually on a group chat with family members)